

Walk Against Family Violence Program Guide

12pm – 12:30pm

- Welcome to Country
- Introduction from guest speakers
 - Sally Mitchell (NRCH Board Chair)
 - Aurore Delcourt (Multicultural Centre for Women's Health, Program Manager)
 - Nazik Nasser (NRCH Counselling and Casework, Program Manager) as MC.

12:30pm – 1pm

- Start walk from NRCH (refer to walking route).

1pm – 2pm

- End walk at Citizens Park
- Delicious food prepared by our community cooks and refreshments will be served
- Information and resources for all attendees.

