Looking after your oral health during COVID-19

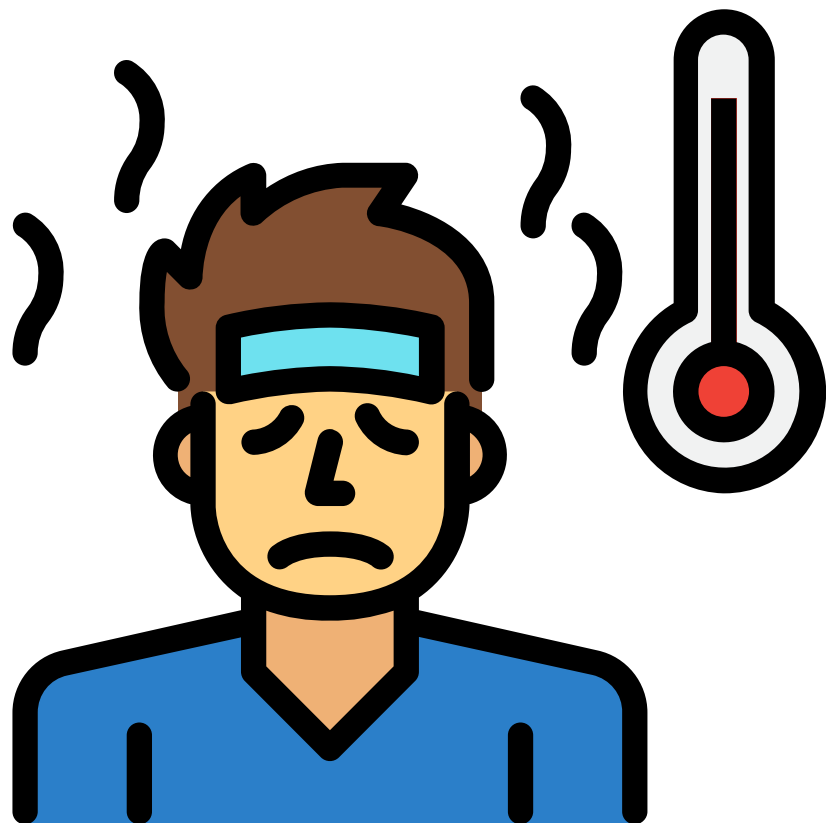## It is important to keep your mouth healthy during the pandemic

Why should I keep a healthy mouth?

Keeping a healthy mouth:

- prevents dental problems and oral pain
- strengthens your protection against COVID-19 and reduces the risk of complications if you do get COVID-19.

What are the oral symptoms of COVID-19?

The early symptoms of COVID-19 that can appear in the mouth are:

- loss of taste
- dry mouth.

Other common symptoms of COVID-19 include fever, cough, sore throat and shortness of breath.

If you have a dental problem, please contact North Richmond Community Health Dental at 9418 9873.

If you have a dental problem but have COVID-19 or suspected COVID-19, please contact Royal Dental Hospital of Melbourne on 9341 1000.

If you suspect you may have COVID-19, call the dedicated hotline at 1800 020 080.

Please keep 000 for emergencies only.

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