

What is naloxone?

Naloxone:

- is a safe and effective medication that can reverse the effects of opioid overdose
- is most often injected into a person experiencing an overdose. It attaches to the same part of the brain that receives heroin and other opioids
- blocks the opioids for 30 to 90 minutes to reverse the breathing problems that can lead to death from an overdose
- only reverses the effects of opioids such as heroin, methadone, morphine, opium, codeine or hydrocodone
- does not reverse the effects of other types of drugs such as:
 - antihistamines
 - alcohol
 - benzodiazepines i.e. diazepam, midazolam or alprazolam
 - other sedatives or stimulants, such as cocaine and amphetamines.



Who we are

North Richmond Community Health Centre (NRCH) has been providing quality community health services to the Richmond community since 1974.

Our services include:

Medical
Oral Health (Dental)
Alcohol and Other Drugs
Child Health and Development
Counselling and Casework
Healthy Aging Hub
Inner Melbourne Post Acute Care
Medically Supervised Injecting Room.

Alcohol and
Other Drugs



Naloxone Training

We provide naloxone training
to the community

Contact us

Needle and Syringe Program

North Richmond Community Health
23 Lennox St Richmond 3121
Phone: (03) 9418 9830

Opening hours:

Monday to Friday 8am to 7pm
Saturday & Sunday 9am to 5pm

  @nrchAUS  www.nrch.com.au



North Richmond Community Health (Wulempuri-Kertheba) stands on the traditional lands of the Wurundjeri people. We pay our respects to their elders, past and present.



Signs of an Opioid Overdose



Breathing slowly or not breathing



Cannot move or cannot be woken



Lips and nails turn blue



Pupils extremely small



Cold or clammy skin



Dizziness and disorientation



Choking, coughing, gurgling or snoring

Not all overdoses happen quickly.

If you can't get a response from someone, don't assume they're asleep and don't leave them to "sleep it off".

Is naloxone legal to carry?

Yes, it is legal for a person to carry naloxone that is prescribed or dispensed to them.

It is legal for a non-medical person to administer naloxone to someone else to treat a potentially fatal overdose.

How much does naloxone cost?

Naloxone is available as an over-the-counter drug and also with a script.

Over The Counter	\$58*
Script	\$37*
Script with Concession	\$6*
Nyxoid Nasal Spray	\$72*

*These costs are estimates and may vary depending on the pharmacy.

Naloxone saves lives

If you carry naloxone and have been trained to administer it you can:

**RECOGNISE
RESPOND
& REVERSE
the effects of an overdose.**

It is not possible to overdose on naloxone.

Want to know more?

- naloxone is injected into muscle in the upper arm or outer thigh.
- naloxone is now available in a nasal spray.
- naloxone can be administered every three minutes if needed.
- If a large dose of naloxone is given to a person with opioids in their system, they may experience symptoms of withdrawal.

Things to think about...

- Remember to keep all opioids and medication in a place that children cannot reach.
- Your tolerance will have dropped quickly if you have taken a break from using drugs.
- Learn about the half-life and tolerance from the drugs you use.
- Taking opioids with alcohol or benzodiazepines can slow your breathing, slow your heart rate and can increase the risk of overdose.
- Don't assume pharmaceuticals are less risky. Some pharmaceuticals are a lot stronger than illicit drugs.