# **Look After Your Veins**

## **Never Heat Unisom**

- Heating Unisom gel caps makes the liquid thicker and harder to inject.
- The outer shell can also melt into the liquid. This hurts your veins.



## Use A Wheel Filter

- Wheel filters remove the parts of pills that you don't want in your veins.
- Some wheel filters remove bacteria from your mix.
- You can get wheel filters from the Needle and Syringe Program (NSP) at North Richmond Community Health. Staff members can show you how to use them.



# **Avoid Overdose**

The risk of heroin overdose may be greater when used with Unisom



## Naloxone = Overdose Treatment

Opioid overdoses can be treated. Ask us how you can get Naloxone.





# Injecting Unisom

A step-by-step guide for people who inject Unisom

#### Contact us

**Needle and Syringe Program** North Richmond Community Health 23 Lennox St Richmond 3121 Phone: (03) 9418 9830

Opening hours: Monday to Friday 8am to 7pm Saturday & Sunday 9am to 5pm







North Richmond Community Health (Wulempuri-Kertheba) stands on the traditional lands of the Wurundjeri people. We pay our respects to their elders, past and present.



There is no safe way to inject Unisom, even if you follow this guide.

# **Unisom Injecting Equipment**

#### To inject Unisom, you will need:

- 1 x 23g or other large tip
- 1 x 25g or 27g tip
- 1 x 3ml barrel
- 1 x sterile water
- 1 x spoon or maxi cup
- 1 x swab
- 1 x disposal container.



If you are going to inject Unisom, always use new injecting equipment.

# **Using Unisom**

 Use a 23g or other large size tip to punch a hole in one end of the Unisom gel cap and out the other end.



2. Pull the tip back into the centre of the gel capsule and suck out the liquid



#### Note

#### 23g or bigger tips:

- will draw the liquid out faster than 25g.
- are also less easily blocked than
- 25g tips.



4. You should get about four lines of thick liquid in the barrel.



- 5. Draw up some sterile water into the barrel to make the liquid thinner.
  - If you add heroin to your mix, now is the time to do it.
  - Mix up your heroin in water, use a filter to draw it up into the 3ml barrel.



6. Put a new 25g or 27g tip on the barrel. Use the smallest tip possible. The smaller the tip, the better it is for your veins.

You are ready to inject.



Be nice to your veins. Inject Unisom slowly.