# What size wheel filter should you use?

#### For methadone, subutex, suboxone: 0.22 micron: Bacterial filters

- These remove any harmful particles as well as any bacteria or germs that may be in your mix.
- They work best with mixes that aren't too gluggy or thick.

#### For all other pills: 0.8 micron: Particle filter

- These are 60 times finer than cotton wool or cigarette filters.
- They remove the chalk, wax, flour and other particles that pills are made with.

If your pills have been in someone's mouth, you should filter twice. First filter using the 0.8 micron wheel filter, then filter again using the 0.22 micron wheel.

## Why use a wheel filter?

- Pills are made for swallowing and not injecting.
- Injecting pills can be dangerous and can cause vein damage, tissue death within the fingers and toes, lung and heart problems and even death.
- Using a wheel filter can reduce the damage by removing bacteria and unwanted substances such as chalk, wax, flour and plastic, which are not safe to inject.



## Equipment you will need

- 2 x 3ml or 5ml barrels
- 1 x wheel filter
- 1 x sterile water
- 1 x big needle for drawing up
- 1 x needle to inject with
- 1 x spoon or maxi cup
- 1 x cotton
- Your Drugs

#### Contact us

**Needle and Syringe Program** North Richmond Community Health 23 Lennox St Richmond 3121 Phone: (03) 9418 9830

Opening hours: Monday to Friday 8am to 7pm Saturday & Sunday 9am to 5pm







North Richmond Community Health (Wulempuri-Kertheba) stands on the traditional lands of the Wurundjeri people. We pay our respects to their elders, past and present.





# How to use a wheel filter

Reduce the harms associated with injecting pills.



# Prepare the filter

- 1. Draw 1 to 2mls of sterile water into the barrel.
- 2. Screw the wheel filter onto the barrel.
- 3. Push some water through the wheel filter to wet it.
- 4. Remove the wheel filter and set it aside.



# Mix your hit

- 1. Swab your spoon or use a sterile maxi cup.
- 2. Place your pill in the spoon and crush it as finely as possible using the flat plunger end of the syringe barrel.
- 3. Add 3ml to 5ml of sterile water and mix it with the finely crushed pill.

  Do not heat the mix.
- **4.** After mixing up, break off a large piece of cotton wool to use as a filter.



1. Suck your mix up into a syringe barrel through the cotton wool.



- 2. Attach the wheel filter to the barrel.
- 3. Attach a needle to the wheel filter.



**4.** Take a second syringe barrel and make some room in it by pulling back the plunger.

Insert the needle (the one that is on the wheel filter) into the front end of the second syringe barrel (this is where you would normally screw on a needle).

## Filter your mix

1. Slowly push your mix through the wheel filter and into the second syringe barrel.



2. Safely dispose of the now empty barrel, wheel filter and needle.



- 3. Attach your preferred size needle to the syringe barrel with your filtered mix in it.
- 4. Your mix is now ready to inject.

